

Registered Disability Savings Plan

The Registered Disability Savings Plan (RDSP), a tax-assisted savings vehicle designed to help ensure the long-term financial security of Canadians with severe disabilities has now reached over 100,000 plans opened.

A new application form for Canada Disability Savings Grant (grant) and Canada Disability Savings Bond (bond) has been developed and is available from Service Canada to financial institutions offering RDSPs, as well as current and potential holders of an RDSP. Improvements to the form include the consolidation of the two previous application forms into a single form, streamlining and simplification of certain sections to reduce repetition and increase general ease of use, and the addition of information for holders and beneficiaries to help them better understand how the information collected will be used.

The new form is available online at:

[file:///C:/Users/executiveassistant/Downloads/esdc-emp5608\(2015-01-001\)e.pdf](file:///C:/Users/executiveassistant/Downloads/esdc-emp5608(2015-01-001)e.pdf)

Please keep in mind that completed application forms must be submitted through a participating financial institution, and should not be submitted to ESDC or Service Canada directly.



Canada Revenue Agency Webinars for People with Disabilities

The CRA has produced an online video series on various topics including some that address issues that may be of interest to people with a disability.

One of the videos titled "Tax measures for persons with disabilities – DTC and the disability amount" is available at: <http://www.cra-arc.gc.ca/vdglly/ndvdl/srs-txmsrs-pwd-eng.html>. It contains information on the disability tax credit (DTC) and what a person should know before applying for a DTC.

There is also a webinar that provides specific information on the DTC, RDSP and tax withholding. It can be found at: <http://www.cra-arc.gc.ca/vdglly/ndvdl/menu-eng.html?clp=ndvdl/rdsp-reei1-eng&fmt=mp4>.



A Message from Beverley John, CEO

Spring/Summer Issue



Hello and welcome to Summer, finally!

June is Senior's month! This marks the 32nd anniversary of Senior's Month in Ontario, and this year's theme is "Seniors Making a Difference". Our Annual report will also feature stories on a few of our amazing senior Consumers.

I am excited to announce that we have received another three year Accreditation from CARF! CARF International announced that Nucleus Independent Living has been accredited for three years effective May 4, 2016 and will extend through June 30, 2019. This Accreditation decision represents the highest level of Accreditation that can be awarded to an organization and shows the organization's substantial conformance to the CARF standards. For more information please visit our website at www.nucleusonline.ca.

Thank you to those who provided feedback for our consumer engagement survey. Following analysis, we will share our findings in our next newsletter. Enjoy the warmer weather, and we hope to see some of you at our upcoming Annual General Meeting on Monday, June 27, 2016.

Annual General Meeting



Date: Monday, June 27th, 2016

Location: 2030 Bristol Circle, Suite 205, Oakville, ON
MH LHIN Regional Learning Centre Training Room

Elaine Charal, Certified Graphologist ~ Handwriting analysis available!
Music provided by Brad Boland

Time: Light supper – 5:30p.m. Meeting starts - 6:00p.m.

To attend, please RSVP by June 22, 2016 to:

executiveassistant@nucleusonline.ca or
905.829.4499 ext. 127



Ontario Making Hospital Parking More Affordable: *Putting Patients First*

Ontario is making hospital parking more affordable for thousands of patients, their loved ones and caregivers. As of October 1, 2016, hospitals that charge more than \$10 a day for parking will be required to provide 5-, 10- and 30-day passes that are:

- Discounted by 50 per cent off their daily rate
- Transferable between patients and caregivers
- Equipped with in-and-out privileges throughout a 24-hour period
- Good for one year from the date of purchase.

Ontario consulted with patients, patient advocacy groups, hospitals and the Ontario Hospital Association to find a fair plan that reduces the financial burden of parking fees for patients and their visitors.

Between now and October 1, 2016, hospitals will work directly with their Patient and Family Advisory Councils to implement this new policy, ensuring that it is well promoted and easy to understand. Each hospital will provide details on its specific parking policy and discounts. Saving patients and their loved ones money on hospital parking is part of the government's plan to build a better Ontario through its *Patients First: Action Plan for Health Care*, which is providing patients with faster access to the right care, better home and community care, the information they need to stay healthy and a health care system that's sustainable for generations to come.

Summer Safety Tips – How to Beat the Heat

- ✓ Drink lots of cool water even before you feel thirsty
- ✓ Wear loose light coloured breathable clothing and when outdoors wear a wide-brimmed hat
- ✓ Keep blinds or drapes closed to block out the sun during the day
- ✓ Make meals that don't use the oven, especially if you don't have air conditioning
- ✓ Consult with your doctor or pharmacist on medications that increase your risk to heat
- ✓ Avoid the sun and stay in the shade or use an umbrella

Watch for symptoms of heat related illnesses, which include:

- Dizziness or fainting
- Nausea or vomiting
- Headache
- Rapid breathing and heartbeat
- Extreme thirst

*****Heat Stroke is a medical emergency – if a person has a high body temperature and is either confused, stopped sweating or is unconscious, call 911.**

Source: Toronto Public Health



The Consumer Binder

The Consumer Binder is available to all our Consumers and contains important information about your service with Nucleus, including the Consumer Bill of Rights. Please take a moment to review the Policy below:

Bill of Rights

Section III, Home Care and Community Services Act 1994

3. (1) A service provider shall ensure that the following rights of persons receiving community services from the service provider are fully respected and promoted:

1. A person receiving a community service has the right to be dealt with by the service provider in a courteous and respectful manner and to be free from mental, physical and financial abuse by the service provider.
2. A person receiving a community service has the right to be dealt with by the service provider in a manner that respects the person's dignity and privacy and that promotes the person's autonomy.
3. A person receiving a community service has the right to be dealt with by the service provider in a manner that recognizes the person's individuality and that is sensitive to and responds to the person's needs and preferences, including preferences based on ethnic, spiritual, linguistic, familial and cultural factors.
4. A person receiving a community service has the right to information about the community services provided to him or her and to be told who will be providing the community services.
5. A person applying for a community service has the right to participate in the service provider's assessment of his or her requirements and a person who is determined under this Act to be eligible for a community service has the right to participate in the service provider's development of the person's plan of service, the service provider's review of the person's requirements and the service provider's evaluation and revision of the person's plan of service.
6. A person has the right to give or refuse consent to the provision of any community service.
7. A person receiving a community service has the right to raise concerns or recommend changes in connection with the community service provided to him or her and in connection with policies and decisions that affect his or her interests, to the service provider, government officials or any other person, without fear of interference, coercion, discrimination or reprisal.
8. A person receiving a community service has the right to be informed of the laws, rules and policies affecting the operation of the service provider and to be informed in writing of the procedures for initiating complaints about the service provider.
9. A person receiving a community service has the right to have his or her records kept confidential in accordance with the law. 1994, c. 26, s. 3 (1).

